



Hanthorn Breakfast Menu 2020

Wednesday

Thursday

Tuesday

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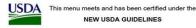
WG - Whole Grain

he ity of ns, ni- of on, or	3 WG TRKY SAU BREAKFAST PIZZA KIWI WEDGES MILK	4 CHEESY SCRAMBLED EGGS WG TOAST PEACHES MILK	5 WG MINI MAPLE PANCAKES BANANA MILK	6 WG BISCUITS & GRAVY STRAWBERRIES MILK	7 WG BLUEBERRY MUFFIN YOGURT PINEAPPLE TIDBITS MILK
at- di- ec- ca- ce on,	10 WG BREAKFAST EGG TAC-GO APPLESAUCE MILK	II WG APPLE CINN OATMEAL BLUEBERRIES MILK	12 WG CHEERIOS CEREAL WG TOAST BANANA MILK	13 CHEESY SCRAMBLED EGGS WG MINI BISCUIT ORANGE WEDGES MILK	14 WG STRAWBERRY WAFFLES PEARS MILK
55	Presidents Day	18 CHEESY SCRAMBLED EGGS WG TOAST KIWI WEDGES MILK	19 WG MINI MAPLE PANCAKES BANANA MILK	20 WG BISCUITS & GRAVY STRAWBERRIES MILK	21 WG BLUEBERRY MUFFIN YOGURT PINEAPPLE TIDBITS MILK
1	24 WG BREAKFAST EGG TAC-GO APPLESAUCE MILK	25 WG APPLE CINN OATMEAL PEARS MILK	26 CHEESY SCRAMBLED EGGS WG MINI BISCUIT BANANA MILK	27 WG STRAWBERRY WAFFLES ORANGE WEDGES MILK	28 WG CHEERIOS WG TOAST BLUEBERRIES MILK



Friday

My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.





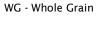
Hanthorn Lunch Menu 2020

Monday Tuesday		Wednesday	Thursday	Friday	
3 WG FISH E WG MAC & MIXED VEGE PEARS MILK	CHEESE TABLES	4 WG FIESTADA PIZZA GREEN BEANS STRAWBERRIES & BLUEBERRIES MILK	5 WG CHICKEN SANDWICH SWEET POTATO TRAX MIXED GREENS SALAD ITALIAN DRESSING STRAWBERRY FRUIT MEDLEY MILK	6 SLICED MEATLOAF WG HOT ROLL AU GRATIN POTATOES STEAMED BROCCOLI PEACHES MILK	7 CHEESEBURGER ON WG BUN BAKED FRIES LETTUCE/TOMATO/PICKLE COOKED CARROTS ROSY APPLESAUCE MILK
10 WG HOT HAM PANIN GREEN BE PEARS MILK	II EANS S	WG BEEF ENCHILADAS WG MEXICAN-STYLE RICE COOKED CORN BANANA SALSA MILK	WG SPAGHETTI W/ ZESTY MEAT SAUCE MIXED GREENS SALAD ITALIAN DRESSING ORANGE WEDGES MILK	13 WG VALENTINE CHICKEN NUGGETS MASHED POTATOES & GRAVY GREEN BEANS PEACHES MILK	14 CHILI, WG CRACKERS, WG CORNBREAD MUFFIN STEAMED BROCCOLI HOLIDAY SIDEKICK 100% FRZ FRUIT CUP MILK
17	dents' Day	WG CHEESE PIZZA GREEN BEANS PEARS MILK	19 CHICKEN & WG NOODLES WG MINI BISCUIT MIXED GREENS SALAD ITALIAN DRESSING PEACHES MILK	WG BEEF FINGERS MASHED POTATOES & GRAVY STEAMED BROCCOLI *STRAW/POM FRZN JUICE CUP MILK	21 SLOPPY JOE ON WG BUN BAKED TATER TOTS COOKED CARROTS STRAWBERRIES & BLUEBERRIES MILK
24 WG GRILLED GREEN BE STRAWBERRY FRI MILK	ANS	25 WG SOFT SHELLED TACO SALSA REFRIED BEANS COOKED CORN BANANA MILK	26 WG BEEFY MAC & CHEESE MIXED GREENS SALAD RANCH DRESSING PEARS MILK	27 CHICKEN PATTY MASHED POTATOES & GRAVY WG HOT ROLL STEAMED BROCCOLI PEACHES MILK	28 WG TANGERINE CHICKEN WG STEAMED RICE COOKED PEAS HOT SPICED APPLES MILK



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NON-DISCRIMINATION:

All children are treated the

same regardless of ability to pay. In the operation of

child feeding programs,

no child will be discrimi-

nated against because of

race, sex, color, religion, national origin, age or

handicap. If you believe you have been discriminat-

ed against, write immediately to the USDA, Direc-

tions, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

tor, Office of Adjudica-



Monday



Thursday

Hanthorn Snack Menu 2020

Wednesday

	3	4	5	6	7
NON-DISCRIMINATION: All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410	1-5 YEAR WG CRISPY CHEDDAR CRACKERS MILK	1-5 YEAR APPLESAUCE CUP MILK	1-5 YEAR WG BLUEBERRY LEMON CRISPY BITES MILK	1-5 YEAR ORANGE WEDGES MILK	1-5 YEAR STRING CHEESE WG CRACKERS 100% APPLE JUICE
	10 1-5 YEAR WG ORIGINAL GRAHAMS MILK	1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE	1-5 YEAR APPLE CINNAMON MUFFIN MILK	1-5 YEAR GOLDFISH CRACKERS MILK	1-5 YEAR BANANA MILK
	17	18	19	20	21

Tuesday



Friday

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WG - Whole Grain

	PRESIDENT'S DAY	1-5 YEAR ORANGE WEDGES MILK	1-5 YEAR WG CHEEZ-IT CRACKERS MILK	1-5 YEAR WG BLUEBERRY LEMON CRISPY BITES MILK	1-5 YEAR APPLESAUCE CUP MILK
-	24	25	26	27	28
	1-5 YEAR WG ORIGINAL GRAHAMS MILK	1-5 YEAR GOLDFISH CRACKERS MILK	1-5 YEAR WG BLUEBERRY MUFFIN MILK	1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE	1-5 YEAR BANANA MILK
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